

Infant/Toddler Needs and Services Plan

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date: \_\_\_\_\_

This plan is completed at the time of enrollment and updated every 3 months until the child is two years of age. Parent/guardian and teacher initial and date every change and update to the original plan.

Eating Bottles/Formula Does your child use a bottle? Yes No

If Yes, what type of bottle/nipple? \_\_\_\_\_ What type of formula? (Iron or low?)

How many ounces does your child usually drink at a feeding? \_\_\_\_\_

Does your child drink from a cup? If yes, what kind of cup/lid: \_\_\_\_\_

Solid Foods typical sequence for the introduction of solid foods, as recommended by the state: formula/breast milk (1-12 months); infant cereal (4-6 months); vegetables, fruits and their juices (5-7 months); protein foods (6-9 months).

Is your child eating solid food currently? Yes or No

If yes, describe what types of food (type of cereal, types of baby foods or table foods)

How often and at what time of day do you feed your child solids? \_\_\_\_\_

Any special nutritional fortifiers and/or supplements required? If yes, please list: \_\_\_\_\_

Does your child have any known food allergies? Yes or No

If yes: Please list: \_\_\_\_\_

Please describe symptoms of a reaction: \_\_\_\_\_

Sleeping/Napping How many times per day and when during the day does your child typically nap?

\_\_\_\_\_ For how long does your child usually nap? \_\_\_\_\_

How do you know when your child needs a nap? \_\_\_\_\_

How do you help your child to sleep? (Rocking, holding, with a bottle, etc.)

Any special instructions regarding your child's sleep routine? (Special sleep suit or a pacifier for example)

Toileting/Diapering Most children are not ready to begin toilet training until 2 years of age. Generally, we will not begin to toilet train a child before 2 years unless requested by the parent/guardian and after consideration of the child's developmental readiness. If you have begun to toilet train your child, please describe your child's progress: \_\_\_\_\_

\_\_\_\_\_ Diapering: Do you have any special instructions regarding your child's diapering? Yes or No If yes, please describe: \_\_\_\_\_ Please note that parents/guardians provide diapers, wipes, and any ointments required each day.

Does your child require any special accommodations?

\_\_\_\_\_  
\_\_\_\_\_

Do you have any additional requests or instructions for the care of your child?

\_\_\_\_\_

Parent/Guardian

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Teacher

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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\*\*\*\*\* Date plan reviewed/updated: \_\_\_\_\_ Parent/Guardian initials: \_\_\_\_\_ Teacher initials: \_\_\_\_\_

Comments: \_\_\_\_\_ Date plan

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